

# Design Your Try-New-Things Bravery Badge

THE TRYING TRIUMPH

## Materials:

- Print off the badge template on cardstock.
- Crayons/markers
- Optional: stickers, glitter, or decorative supplies

## Directions:

In the story, we read that Freddy tried something new and was very brave. Ask your children: **Is there something you would like to do but feel nervous about?**

Maybe you would like to learn to read. Maybe you would like to try a new food. Maybe you would like to try a new sport. Being brave means trying something new, even when it feels a little scary. Give each child a badge template (on the next page), and invite them to write or draw one new thing they would like to try.

At the end, ask your child to show their bravery badge and say, “My brave choice is...” Encourage them by saying things like:

- You are brave!
- It’s ok to feel nervous trying new things.
- New things help us grow.
- Being brave is so important in life!



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