

# Clean-Up Dash

## THE CARELESS CLEANUP

### Materials:

- A laundry basket or large bin.
- A timer or stopwatch.

### Directions:

1. Place the laundry basket in a central spot.
2. Shout, "Go!" Each family member races to pick up items that are out of place (toys, clothes, shoes, books, etc.) and tosses them in the basket.
3. Set a timer — start with 2–3 minutes for a quick sprint.
4. When time is up, stop and see how many items each person collected.
5. Once everything is in the basket, go through it together and put each item back in its proper place. You can also choose to donate the items if they are no longer needed.

