

What Should We Do? Puppet Play

THE BULLY BUSTER

Materials:

Hand puppets or stuffed animals and printed problem cards.

How to Play:

Have your kids gather their puppets or stuffed animals. Sit together as a family. Take turns drawing cards and acting out a short situation with the puppets or animals. (You can also come up with your own scenarios.) Ask your child, "What should we do?" Let them help solve the problem with kindness or bravery. Reinforce their good choices by saying, "That was a kind thing to say!" or "You really helped your friend feel better."

Problem Cards



Two friends are playing a game on the playground. A new boy wants to join their game, but no one is talking to him.

Questions: What can you do to help? How would you feel if it were you?



A little girl is playing with a toy, and someone grabs it out of her hands and runs away.

Questions: Was that kind? What would be a better way to ask for a turn?



Your friend is crying because she dropped her snack on the floor.

Questions: What could you say or do to help her feel better? Have you ever felt sad like this?