

The ENVY Game!

THE ENVIOUS ESCAPE

Materials:

- Index cards.
- Markers.
- A small box.

Directions:

1. Print out the following scenarios, and cut them into individual cards.
2. Place the cards in a bowl.
3. Sit in a circle and pass the bowl around with each family member collecting a card.
4. Take turns reading the scenario and either reply:
 - a. Yes, that would make me jealous.
 - b. No, that wouldn't bug me at all.
5. If a player says, "Yes, that would make me jealous," have them follow it up by saying, "What could I do instead of staying jealous?"
6. If a player draws a **FLIP IT!** card, they have to share something they are grateful for or give a team player a compliment.

Scenarios


Your friend gets a new bike.


Your sibling gets extra screen time.


Your classmate got your favorite color popsicle.


Someone else wins the game that you wanted to win.



**Your cousin gets a huge
scoop of ice cream.**



**Your friend has your new
favorite pair of shoes.**



**Your friend gets invited to a
birthday party, but you do not.**



**Your sibling gets praised for
good grades, but you do not.**

FLIP IT! cards



**Say one awesome thing
you already have.**



**Give someone else a high five
and say why they are awesome.**



Share something you are proud of.



**Give a compliment to the
person to your right.**



**Name one thing you have
that money cannot buy.**