See Someone, Serve Someone

THE ONE-UPPING WONDER

Directions:

When you serve others, you stop thinking about yourself and comparing yourself to them. Instead of saying, "I did this better than you," you learn to say, "That's awesome!"

Print out the board and encourage your children to serve others. Praise them when they complete an activity. Have a celebration when they finish their board.

Let someone go first.

Tell a friend, "Great job!"

Clean up a mess you didn't make.

Wait your turn patiently.

Ask someone how they're doing.

Draw a picture or write a kind note for someone.

Listen without interrupting.

When someone does something kind for you, say, "Thank you."

Share your toy or snack.