

# THE ONE-UPPING WONDER

## FAMILY CONVERSATION STARTERS



What does it mean to be a *one-upper*?

Can you think of a time when someone one-upped you? How did you feel?

How can you encourage better listening and fewer one-upping moments in our family?

## SCRIPTURE CONNECTION

### Memorize It

***Love does not boast.***

— From 1 Corinthians 13

### The Me or You Sorting Game

#### Materials:

Two baskets labeled I THINK OF ME and I THINK OF OTHERS.

#### Discussion Questions:

When you one-up someone, you are focusing on yourself, not your friends or family. To start the game, tell your children, “Real love isn’t all about ME. Loving others means we care about other people, too!”

Read each scenario to your children and have them place it in the ME bucket if it involves me-thinking and OTHERS if it involves others-thinking!

**Labels:**

**I THINK OF ME**

**I THINK OF OTHERS**

**Scenarios:**

**1**

**I grab the biggest cookie.**

**2**

**I let my friend go first.**

**3**

**I talk while someone else is talking.**

**4**

**I wait for my turn.**

**5**

**I rush to be first in line.**

**6**

**I open the door for someone else.**

**7**

**I cry when I don't get the color I want.**

**8**

**I choose to give someone  
the last fruit snack.**

**9**

**I say, "Me, me, me!" when the  
teacher asks for a helper.**

**10**

**I cheer when my friend wins the game.**