

# Feelings Frenzy

## THE GROUCHY GRUDGE

Cassie needs your help! She has lots of different feelings about how Mikey treated her in the past. Help her sort through her emotions to make her happy and calm again.

Directions:

- Cut out Cassie's feeling cards.
- Use the story as a guide to place them in order.
- The first card shows how she felt at the beginning of the story. The last card shows how she felt after she forgave Mikey.



**HAPPY**



**SAD**



**UNSURE**



**GROUCHY**