JASPER G

GRATITUDE JAMBOREE



FAMILY CONVERSATION STARTERS

When you are having a bad day, what are some strategies you can use to help turn it around and make it better?

Together, discuss a time when your family worked together to overcome a challenging day. What helped to lift everyone's spirits?

In the book, Jasper thought of someone he was grateful for when he was feeling sad. What are other ways to recognize and manage emotions when you are feeling frustrated or sad?

SCRIPTURE CONNECTION

Memorize It

I will give thanks to you, Lord, with all my heart; I will tell of all your wonderful deeds.

— Psalm 9:1 (NIV)

Draw It

Turn this scripture verse into a picture. Use your imagination to draw what this verse means to you.

